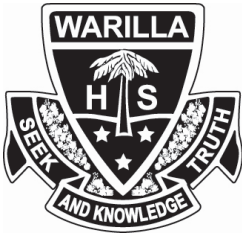


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# PARENT NEWSLETTER



PRINCIPAL: Mr J Hambly

DEPUTY PRINCIPAL: Mr R Ashby

DEPUTY PRINCIPAL: Mr A McInnes

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**April 2008**

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Term 1 has absolutely flown and the holidays are all but upon us. Swimming and Cross Country Carnivals have taken place, along with Year 7 Parent Teacher meetings and our School Expo, announcements of infrastructure upgrades, visits by the Regional Director, a review of our Administration Area, a multitude of curriculum based excursions, while Year 12 are in the middle of their Half Yearly Examinations. To say that things have been hectic is something of an understatement!

With such a frenetic pace, stress can often creep up on us. The following 'Stress Management' anecdote is both appropriate and timely. I hope you enjoy it.

*'A lecturer, when explaining stress management to an audience, raised a glass of water and asked, "How heavy is this glass of water?"*

*Answers called out ranged from 20g to 500g.*

*The lecturer replied, "The absolute weight doesn't matter. It depends on how long you try to hold it. If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance. In each case, it's the same weight, but the longer I hold it, the heavier it becomes."*

*He continued,*

*'And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy, we won't be able to carry on. When we're refreshed,*

*we can carry on with the burden. So before you return home tonight, put the burden of work down. Don't carry it home. You can pick it up tomorrow. Here are some great ways of dealing with the burdens of life:*

- Accept that some days you're the pigeon, and some days you're the statue.*
- Always keep your words soft and sweet, just in case you have to eat them.*
- Always read stuff that will make you look good if you die in the middle of it.*
- Drive carefully. It's not only cars that can be recalled by their maker.*
- If you can't be kind, at least have the decency to be vague.*
- If you lend someone \$20 and never see that person again, it was probably worth it.*
- It may be that your sole purpose in life is simply to serve as a warning to others.*

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**'Warilla High School - Student Centred, Outcomes Driven'**

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- *Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.*
- *Nobody cares if you can't dance well. Just get up and dance.*
- *Since it's the early worm that gets eaten by the bird, sleep late.*
- *The second mouse gets the cheese.*
- *When everything's coming your way, you're in the wrong lane.*
- *Birthdays are good for you. The more you have, the longer you live.*

- *Some mistakes are too much fun to only make once.*
- *We could learn a lot from crayons... Some are sharp, some are pretty and some are dull. Some have weird names, and all are different colours, but they all have to live in the same box.*
- *A truly happy person is one who can enjoy the scenery on a detour.*

Yours in education  
John Hambly

<b>IMPORTANT DATES</b>			
<b>April</b>		<b>April cont...</b>	
2-9	Yr 12 Half Yearly Exams	<b>29</b>	<b>ALL students return</b>
3-5	CHS Swimming Carnival		ANZAC Ceremony
4	Hassett Cup Crickert - Kiama	<b>May</b>	
<b>8</b>	<b>P&amp;C Meeting 7.30 pm in Library</b>	2	Year 8 Visual Arts Field Trip
8-9	Yr 11 SLR Camp	5-9	Year 12 VET Work Placement
10	Year 7 Interim Reports Issued	6	School Disco
	Grandparents Day in the Hall	7	Careers Expo - Unanderra
<b>11</b>	<b>End of Term 1</b>	9	Year 7 Spinal Checks
<b>28</b>	<b>School Development Day</b>	12-16	Year 10 Half Yearly Exams
		13-15	Years 7 & 9 National Literacy Tests
		16	Zone Cross Country

**The 2007 Annual School Report has been completed and sent to the printers.**

**It will be available early in Term 2.**

## **TERM 1 LITERACY FOCUS – READING**

Reading is our literacy focus during Semester 1 this year and some exciting programs have been running. Our school wide allocated reading time is period 3 on Thursday.

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During this period students are involved in some form of reading. It may be that staff read to students, or students read aloud in class, or students read to each other, or students may simply be involved in some silent reading.

A book hunt competition has been organised by Mrs Rudd and Mrs Unicomb. Each week students are given clues to the name of a book. Students who are able to identify the book are then placed in the draw for a canteen voucher. Congratulations to the following winners:

Student	Year	Book	Author
Madaline Downton	7	James and the Giant Peach	Roald Dahl
Joshua Sainsbury	7	Sink the Gizmo	Paul Jennings
Dyllan Taylor	7	Brave New World	Aldous Huxley
Geoffrey Deans	7	Dragon Keeper	Carole Wilkinson

This competition will continue until the end of Term 2. Another competition is being held concurrently. Students (and staff) are asked to complete a form for every book they read. They need to design a dust jacket for the book and write a brief review of the book. There are some significant prizes for the winners of this competition. Entry forms can be collected from the library.

Next term the school welcomes Ms Maria Bryant as our new librarian. Ms Bryant is keen to add some extra reading programs to support our school focus.

A McInnes  
Deputy Principal

### **OTHER IMPORTANT ISSUES**

- Students who ride bikes to school must walk their bikes up the service road on the western side of the school. Bike riders must also wear helmets while riding their bikes
- Students who choose to bring mobile phones and i-pods to school do so at their own risk. The safest place for these items is at home.
- School uniforms must be worn every day. Under no circumstances are students allowed to wear thongs to school. This is a safety issue. If students have foot injuries and are unable to wear enclosed footwear they should remain at home. Work can be organised through the student's year adviser.
- If students are sick or they need to contact home at any time, they must report to the front office. Students must not ring home directly. These procedures are necessary for legal reasons to ensure the safety of all students.

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# 2008 SCHOOL EXPO

Warilla High School held its 4th Annual Expo on Tuesday 18th March. The Expo commenced at 2.30 pm and finished at 5.00 pm and was extremely well attended by families from the school and parents and students from all our feeder schools.

Staff from all Key Learning Areas provided displays to highlight and showcase the facilities and curriculum offered by Warilla High. There were educational displays in all areas of the school including A, B, C and E Blocks, the Creative Arts Precinct, the Library, Dark Room and Indoor Games Centre. Other features of interest were the fish ponds, reptile enclosures, aviary, atrium, courtyard cafe, lift for disabled students, the refurbished front reception area and the new Careers Advisory Centre.

Prospective students enjoyed the face painting, cooking demonstrations, PE games exhibition, Creative Arts students at work, Industrial Arts open workshops and the opportunity to participate in 'hands on' Science experiments.

The Expo was also an opportunity for prospective students and their families to meet our 2009 Year 7 Student Adviser, Mrs Dian Masters.

Feedback from the Expo was positive with visitors very impressed with what Warilla High has to offer.

Mr Ron Ashby would like to thank all those who attended the Expo and the teachers, SASS staff and students for their commitment and efforts towards the success of this year's Expo.

Mr Ron Ashby - Expo Co-ordinator









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## 2008 SRC INDUCTION

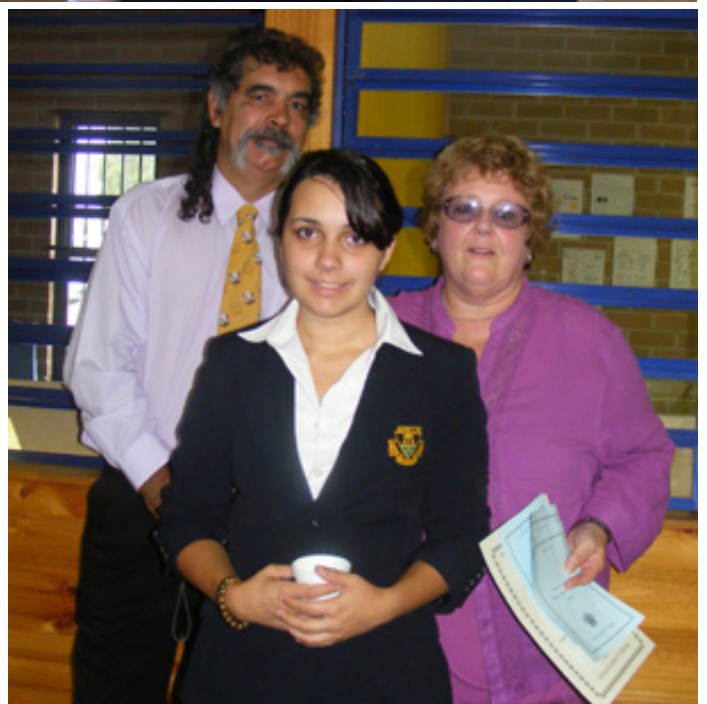
The beginning of the year is always very busy with the finalisation of elections and our Induction Ceremony which was held on Wednesday 26th March. Our special guest was former student, Dr Jenny Halldorsson, who is a world renowned Scientist specialising in NANO Technology. Mrs Marion Hing, our former SRC Co-ordinator, was also invited to the ceremony. Parents and family of this year's representatives also attended. After the ceremony parents and guests joined the students for light refreshments in the Library.

We would like to congratulate all students that nominated for a position on the SRC and we would like to introduce this year's representatives:

Year 7	Shaya Ballard, Shareena Bennett, Jelena Stanojlovic	
Year 8	Jason Clark, Jack Jones, Sophie King, Stewart Robertson	
Year 9	Ryan McCracken, Danny Petrovski, Daniel Toskovski, Anita Vasilevska, Marcus Penno (Support Representative)	
Year 10	Tyson Arapali, Melissa Galiatsatos, Kate McKinley, Benjamin Stratton	
Year 11	Adriana Mazevski, Natalija Naumovksa, Justine Norris, James Wilson-Wharton	
Year 12	Hayley Bartlett	School Leader
	Nikolce Stojcevski	Deputy School Leader
	Maiquilla Brown	Koori Representative
	Renee Gorak	Support Representative
	Leah Werner	Senior Councillor









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## SRC LEADERSHIP DAYS

Members of the SRC, along with co-ordinators Kelly Nelson and Kathie McNamara, attended 2 Leadership Days at Killalea State Park on Monday 3rd and Tuesday 4th March. Congratulations to the SRC for their enthusiasm, good humour and commitment on these days. Our school will greatly benefit from their efforts. The following reports were written by students.

### Tyson Arapali, Year 10

**Day 1:** The point of the first day was to get to know the rest of the SRC. I think this was done effectively through leadership games, sand modelling, walking and canoeing.

**Day 2:** Basically we started planning on day two. We were given pieces of butcher's paper to write ideas on, then we were split up into groups to elaborate on these ideas. Some ideas (projects) discussed were:- \* Fundraising \* Toilets \* Seating

### Adriana Mazevski, Year 11

**Day 1:** The SRC were given the chance to be involved in initiative games. This gave everyone the opportunity to work together in different situations. The games were not only fun, but allowed different members of each year to get to know each other. We also participated in canoeing and sand modelling. The calm and enjoyable day led to the members personalities flourishing.

**Day 2:** The SRC discussed issues surrounding the school, and allocated projects to be completed throughout the year. The discussions also included the role of the SRC, enabling an understanding of the rules. The SRC are positive in regards to the changes we hope to achieve within the school and its environment throughout 2008.





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# A Joyous Day as the Government says SORRY

Warilla High School students and staff participated in an inspirational moment of Australian history on Wednesday 13th February as they sat together in the School Library to witness the Australian Prime Minister officially apologise to the Stolen Generations of Aboriginal people.



It was a heart stirring moment as the cameras swept across the crowded Parliament gallery and over the thousands of Australian citizens, both Koori and non Koori, who assembled in Canberra for this occasion.

This long awaited official ‘SORRY’ acknowledgement by the Federal Government is a major step forward in the journey towards true and long lasting Reconciliation.

Ron Ashby  
Aboriginal Studies Co-ordinator



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# THE WORLD'S GREATEST SHAVE

This year the World's Greatest Shave was on the 18th March. Through the support of students and staff almost \$1000 was raised for the Leukemia Foundation. Of particular note were the efforts made by Rhys Burton Year 12 (\$180 and assistance with the hair clipping), Ross Maciver Year 9 (\$130) and Mr Clifford who raised over \$400. The school would also like to thank Laura Elliott who organised with other students to provide the clippers on the day. Over 100 students volunteered to have their hair cut and coloured to support this foundation.



**Going!**



**Going!!**

**Mr Clifford loses it all for a worthy cause**



**Gone!!!**

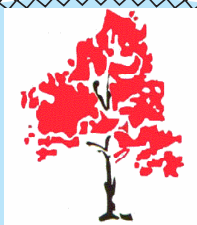


## **Attention: Parents / Caregivers of Year 7 Students**

In the past Area Health offered spinal checks for Scoliosis (curvature of the spine) to students in high schools, free of charge. This is no longer the case. A local chiropractic organisation, 'Source of Life', has offered to provide these checks and an assessment free of charge at school, on Friday 9th of May for students in Year 7. A short talk regarding spinal care will also be provided. Your child will be given a folder with the relevant information at the end of the assessment. Please use this as you see fit. You are under no obligation to use the organisation and you may also wish to gain a second opinion from your local doctor. The choice is yours.

The students will not need to undress. If you have objections to your child participating, please write a letter addressed to me or ring and let me know.

Mrs McNamara



## **2008**

Warilla High students from Years 10 and 12 have been invited to attend this exciting Careers event on Wednesday 7th May 2008.

Permission notes have been distributed in classes and should be returned to Mrs Brookes by Friday 2 May. The cost for bus travel is \$4.00 which should be paid to the front office.

This two day event on the 6th and 7th May also offers an evening session on Tuesday 6th May from 4.00 pm – 6.30 pm for parents and for students who were unable to attend during the day. There will be over 200 exhibitors on hand to answer questions about courses and careers.

# STOP PRESS

## STOP WORK MEETING TUESDAY 8TH APRIL 2008

The NSW Teachers' Federation has called a stop work meeting for Tuesday 8th April.

The Federation expects all staff to attend these meetings and HAS NOT authorised minimal supervision. School will commence with Roll Call at 10.45 am followed by a shortened period 3 and then normal lessons.

The school will be open, but there will only be sufficient staff to supervise assembled students in the quadrangle until staff return from the Sky Channel meeting.

**NB: YEAR 12 EXAMS TIMETABLED FOR TUESDAY WILL CONTINUE AS NORMAL. RELEVANT STUDENTS MUST ATTEND THESE EXAMS.**

## COMMUNITY BILLBOARD

### *SOUTH EAST SYDNEY ILLAWARRA DENTAL SERVICE*

provides FREE dental services for all children under the age of and all children in full time education or hold a current Health Care Card or Pensioner Concession Card.

For all Dental Services and appointments please contact the Dental Call Centre on 1300 369 651

# SUAVE

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- \* Style Haircuts
- \* Colour / Foils
- \* Blowdrys
- \* Waxing
- \* Nails
- \* Special Occasions
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## Attention!!!

The team at Suave invite you to come and check out their new salon.

By mentioning this ad you're entitled to:

- 1/2 price hair cuts
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Come and be pampered by the best.

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